



“My Soul Thirsts for God, for the Living God.” Psalm 42: 1

**An Afternoon Retreat with Keaton Douglas
Executive Director of the iTHIRST Initiative of the
Missionary Servants of the Most Holy Trinity
September 18, 2021, at 1:30pm
St. Jude Parish
86 Main Street
Norfolk, MA 02056**

God is love. These three words summarize what constitutes the deepest desire and longing in all human beings – namely, to love and be loved by our Creator, and to claim that love as both our identity and the source of our human dignity. Yet so often it is our own distractions and unnatural attachments to things, substances or behaviors that prevent us from developing a true intimacy with our God and our fellows.

Join us on September 18th at 1:30pm at St. Jude Parish, 86 Main Street, Norfolk, MA, as we journey to discover our ‘blockages’ which prevent us from developing our own intimacy with God. We will explore how our Spiritual Ancestors struggled with their own disordered attachments and unruly desires. Then, using prayer, small group reflection, and Lectio Divina we will reflect upon our personal spiritual journeys and identify things in our lives that might distance us from God’s abundant grace.

The goal of the retreat is for participants to recognize the distractions and attachments in each of their lives so that they might better understand the plight of our brothers and sisters who suffer from all sorts of addictions, and may better see the face of Christ in all who are sick and suffering.

All are welcome to attend this FREE event in honor of Recovery Awareness Month. Please RSVP to Beth Budny at 774-277-5191 or bbudny@ejcatholic.org by September 11th.